

## Are you pregnant? WIC can help:

- Healthy food
- Nutrition education
- Breastfeeding support
- Referrals to health care and community services

You are income-eligible for WIC if you are currently receiving Medicaid, Temporary Cash Assistance (TCA), or Supplemental Nutrition Assistance Program (SNAP). Working families who have a low or moderate income may also be eligible for WIC.

You can get WIC even before your first doctor's appointment for your pregnancy.

See if you qualify: visit **FloridaWIC.org** or **SignUpWIC.com** or call **1-800-342-3556**.





This institution is an equal opportunity provider.